



Herald of Good TIDINGS

"Get you up to a high mountain, O Zion, herald of good tidings; lift up your voice with strength, O Jerusalem, herald of good tidings, lift it up, fear not; say to the cities of Judah,

Welcome a New Season
The Rev. Duke T. Gray

Dear friends in Christ Jesus,

The leadership of your church has graciously invited me to take the position of Interim Pastor for the First Congregational Church of Auburn, UCC. I began my appointment the week of August 16, and August 22 was my first Sunday with you.

On Tuesday evening, August 17, you provided a splendid potluck supper to introduce me to the congregation. It provided me the opportunity to introduce myself so that I would not show up on Sunday, August 22, as a complete stranger.

Let me offer you a brief introduction along the lines I gave on August 17. The Lord has blessed me abundantly over the years in a variety of parish ministry settings. I have served churches both large and small, in major cities (New York, Toronto, Chicago) and in rural villages in Maine and upstate New York. My last settled ministry was in Malden, MA, for 13 years.

I retired for the first time in 2001. After I flunked retirement I began a new career in 2003 as an Interim Pastor for the United Church of Christ. This in many ways has been the most spiritually rewarding stage of my life. I served First Church, Templeton, MA, for 14 months; First Parish Church, Berlin, MA, for three years; and most recently, First Congregational Church, Gardner, MA, for three years. I celebrate my 45th Ordination Anniversary this coming November 7, 2010.

I was born in Philadelphia, PA, and graduated from Drexel University there. I prepared for ministry at St. Lawrence University in Canton, New York, and Meadville Lombard Theological School at the University of Chicago. We have two children and five grandchildren who all live in Chicago where they established themselves when we moved to New England in 1987. In 2007 we took the major step to purchase a property of our own in Lowell, MA, after a lifetime of parsonages and rental apartments.

My wife Gloria was born in the only English speaking country in South America (Guyana, the former colony British Guiana). She is very active in her own church connection - singing in the choir, leading home Bible study, and has done volunteer mission trips to Africa and Eastern Europe over the past 12 years. I have recently joined her five times in these lay evangelism teams to Slovakia and the Czech Republic.

I look forward to serving as your Interim until you settle your next Pastor, which to do the process well often takes longer than we expect. In the meantime, God willing, I will attend to your spiritual nurture, growth, and future hope as we cross the bridge together toward your next new chapter in the Lord.

- Pastor Duke

September Birthdays include:

Ted Beauvais - Sept. 6th
Jacob McPherson - Sept. 14th
Laura DuHamel - Sept. 19th

Happy Birthday!



On September 14th Lori & Nick Stockhaus will be celebrating their 19th wedding anniversary - Congratulations!

Our next church supper is planned for Saturday, September 18th, at 5:00 p.m.

Menu: Spaghetti, Meatballs & Sausage

Adults \$10 Children \$5

Hope to see you there!

Chef & Servers: Boy Scout Troop 101

Coffee Hour Hosts:

9/5	~	Trustees
9/12	~	BOCE
9/19	~	Trustees
9/26, 10/3	~	Historians/Memorial
10/10	~	Prudential
10/17, 10/24	~	Stewardship
10/31	~	Prudential

JIMMY FUND WALK

Once again I will be participating in the Jimmy Fund walk (26.2 miles) on Sept. 12th, 7 a.m. - 4:30 p.m. This is my 9th walk in memory of my mom. You can donate on line by going to: www.jimmyfundwalk.org and clicking on support a walker and entering my name. Don't have internet access? Please look for a sign-up sheet on the table in Fellowship Hall, or mail a check to 36 Linda Ave., Millbury, MA 01527 payable to the Jimmy Fund. Please call me or text me during the walk to see how I am doing - cell phone #: 1-508-317-7747. It is a long walk and talking to people makes the time go by faster.

Thanks in advance,

Lori Stockhaus

Since its founding in 1948, the Jimmy Fund has supported the fight against cancer in children and adults at Boston's Dana-Farber Cancer Institute, helping to raise the chances of survival for cancer patients around the world.

Because it takes more than courage to beat cancer.

Thank you to all for attending and supporting our chicken barbeque and yard sale in June. You helped make it a fun and successful day. Our total profit was over \$2,400!

Cindy Dube



WELCOME PASTOR DUKE!

The Deacons would like to lead the way in welcoming our new Interim Minister, Rev. Duke T. Gray. The potluck on Tuesday, August 17th proved to be a great ice breaker giving us an opportunity to meet Pastor Duke before his first Sunday (August 22nd) in the pulpit. Thank you to all who joined us and brought dishes making this night a huge success!!!

The Deacons would also like to thank all the lay leaders, greeters, and readers who have stepped up and done so much over these past several months!

The Pumpkin Patch will be opening soon!

Would you love to:

- Sit in peace and beauty?
- Be surrounded by God's grace?
- Meet lots of cheerful men, women and children?
- Make a difference in the future of our church?
- Feel the warmth of volunteering in a spectacular setting?



Those of us that have experienced these blessings would love to share them with you. Please sign - up for the days and times that work for you, your family and friends. There will be a sign-up sheet in Fellowship Hall as soon as we get the delivery date, or call Shirley Hill (508) 832-6335, Diane Moore (508) 832-8078 or Jen Bohn (508) 832-0428 to be sure you get the prime October date for you.

From the Director of Religious Education

Welcome back! I pray you were all blessed with the beautiful summer weather and were able to spend a lot of time with family and friends during this summer break. Well, it is time to get back in the groove. I am desperately in need of teachers. As of this writing I have one part-time teacher and that is it! Please consider taking a few weeks and see how wonderful teaching the young people can be. You will be amazed at how much they know. It is always interesting to look at things from a different perspective and children always have a fresh, unbiased tilt on things. I will set up training, not that much is needed, it is a very easy curriculum for whoever is interested. Please see me, or call me at home 508-832-5677.

We are gauging the interest in a confirmation class for the upcoming year. Please see a Board of Ed member or me any Sunday.

We are going on a Women's retreat at Camp Berea in New Hampshire on September 24-26. We currently have 10 women signed up and we have two more slots in our cabin. This is a wonderful way to take some time before all the school and sports commitments take over. Speak with Judy Murphy, Jen Bohn or me about our experience last year, it was amazing!

The Youth group will be selling Joe Corbi's this fall to help with the cost of the Retreat they will be attending this winter. The kids had an amazing time last year. You can't imagine how awesome it is to see HUNDREDS of teenagers singing and praising the Lord totally committed and unashamed to show their faith. So be ready for some yummy pizza, cheesy bread and delicious cookies. We also hope to be selling Humble Pies in the future. Thank you in advance for your support.

Have a blessed day!
Jean McPherson

The following families have suffered losses since the last printing of the *Tidings* in early June. Please keep them in your prayers:

Ruby M. (Blood) Premo

Ruby M. (Blood) Premo, 68, of Auburn, passed away peacefully on Saturday, June 19, 2010 in St. Vincent Hospital in Worcester after a long battle with liver disease. Her husband, Clifford J. Premo, Jr., died in 1979. She leaves 2 sons, Clifford J. Premo III, and his wife, Robin and Craig A. Premo and his wife, Lisa; 2 daughters, Sandi J. Premo and Michelle M. Strom and her husband, Tim. She is also survived by 7 grandchildren; one great granddaughter; several nephews and one niece; and a sister-in-law, Beverly Blood. She is predeceased by 3 brothers, Douglas Blood, Howard and Lenny Bergstrom and a sister, Joan Berg. Ruby was born and raised in Worcester, daughter of the late Myrtle M.E. (Warfield) Blood Bergstrom and step-daughter of the late Edward H. Bergstrom. She graduated from Commerce High School in Worcester and has resided in Auburn for the past 44 years. Ruby was a member of our church and was active in the choir. Her funeral was held on June 23rd with burial at Hillside Cemetery, Auburn.

Warren D. Booth

Warren D. Booth, 66, of Spencer died unexpectedly at home on Monday, July 19th. He leaves his wife, Judith A. (Hill) Booth; his 3 children: Lisa Creelman, David A. Booth and Jeffrey M. Booth; his 2 sisters, Virginia Booth and Barbara Cowden; 3 grandchildren and two great-grandchildren. He was born in Worcester, son of the late Allard D. and Ruby (Chapman) Booth and was raised in Auburn. A prayer service was held on July 23rd at Britton-Wallace Funeral Home with private burial at Worcester County Memorial Park, Paxton.

F. William Kobel

F. William Kobel, Jr., 67, of Auburn passed away on Wednesday, August 11th. Bill leaves his wife, Marilyn M. (Ditaranto) Kobel, a daughter Justine LaPierre, 2 sons, Christian Kobel and Adam Kobel; a brother, David Kobel; a sister, Marilyn Stevens; his father and mother-in-law, Joseph and Congetta Ditaranto; 6 grandchildren and many nieces and nephews. He was predeceased by his parents, Frank Kobel, Sr. and Mary (Cronin) Kobel. Bill graduated from Clark University in Worcester and from The Graduate School of Banking at Brown University. His career in banking spanned 44 years until retirement in 2009. Bill was actively involved in our community and was a member of our church. His funeral service was held here on Monday, August 16th with private burial at Hillside Cemetery.

Mary O. (Prescott) Holstrom

Mary Holstrom died Sunday, August 15th. Her husband, Floyd E. Holstrom died in 1992. She leaves her 3 children, Deborah R. Haff, Gordon E. Holstrom and Kenneth A. Holstrom; her brother, Warren V. Prescott; her 6 grandchildren and a great-granddaughter. She was predeceased by her sister, Rose J. Milliken. Mary was born in Baldwinville, daughter of the late George W. and Mary C. (Veitch) Prescott. She lived in Auburn for 87 years. She graduated from Classical High School and the Worcester Teachers College and worked as a school teacher in Auburn for several years before enlisting in the U.S. Army WAAC. She was a member of our church and her funeral was held here on Thursday, August 19th. Burial in Hillside Cemetery will be private.

Mildred Evans

Mildred Evans died on Saturday, August 21st. Her burial was Monday, August 23rd at Hillside Cemetery. No additional details were available at the time of this printing.

“I am the resurrection and the Life. He who believes in me will live, even though he dies.”

John 11:25



September Tidings from **Here We Grow** Preschool

On September 7, 2010 **Here We Grow** Preschool will be opening the school for the 22nd year. WOW! I am writing this in late August since Denise was nice enough to remind me "Tidings" was due. At this time we have only 3 openings; one in the M-W-F a.m. class for four-year-olds and two in the T-Th p.m. class for three-year-olds. I feel confident that we will be filled to capacity very soon.

Since I became the director ten years ago, this is the first year all the teachers are returning. Some have cut back their hours and some have increased their hours. In room 1 is Anne Coyne, Cristi Corey and Pamela DiLeo, in room 2 is Gina Murphy, Jean Marhefka and Mariann Lavalley, in room 3 is Debra Nelson, Sherri Leonard, and Lisa Whitley and in room 4 is Helen Ethier. We will be sharing this room with the Sunday school for their classes on Sundays.

Thanks to Dave Sampson, Stan MacPhee and Wayne Prouty for helping to prepare the HWG classrooms and outdoor playground. Thanks to Craig Premo for preparing the indoor playground, hallways, and bathrooms. A special thank you to Judy Bjork for preparing all the new HWG family handbooks, personnel policies and papers for children's files. Thanks to Denise for any and all suggestions and help.

All end-of-year field trips went well, as did all 4 graduations. The young fours had a day graduation with a make-your-own-sundae party. The 3-year-olds had a short, but sweet day graduation and then were entertained by Fran, the Magician (he was funny and entertaining as usual). The 4's going on to kindergarten in the fall had 2 night graduations. They were spectacular. So, we made it through another successful year.

This year the **Here We Grow** Board of Directors will consist of Church representatives: Stan MacPhee, Ellie Lowell, Wayne Prouty & Carole Sampson and Parent representatives: Karen Slomski, Amy Castellano, Margaret Murphy and Amy Kennedy. Some are returning as board members from last year, but we also have a few new parents. Our first meeting is planned for Monday, September 20th.

So, here's to a new year at **Here We Grow**, we can only hope for the best. Until October, enjoy the nice weather as long as it is here, and stay safe.

Dawn Murphy, HWG Director

Please mark your calendars for Rally Day which will take place on Sunday, September 12th. Rally Day is the official kick-off of Sunday School. Our Cradle Roll and Sunday School are equipped to meet the needs of newborns up to middle school-aged children. Look for more info to come in future church bulletins.



Library Tidings by Gloria Whitehead

Sunday, August 22nd, was the deadline for notices for the September *Tidings* and nothing you deserved had been put together. Then, in a flash, the perfect solution dawned.

Several years ago Sue Anderton had gifted to the library *The Understanding Heart* compiled by Louise Bachelder. It measures only 4 3/8" x 7 1/2" x 3/8". It shouldn't take too long to read and good things come in little packages. It's all true. Good things do come in little packages for it's the most compact little book of poems, brief words of wisdom or beautiful thoughts. An example: "The grand essentials to happiness in this life are something to do, something to love and something to hope for." – by Joseph Anderson, or "If God is thy father, man is thy brother." – by Alphonse de Lamartine. It's a wonderful little book in which to find great quotes that express a thought you'd like to pen in a blank card to a friend, etc.

Another example: "Next to love, sympathy is the divinest passion of the human heart." – by Edmund Burke. Also: "Sometimes it proves the highest understanding is not to understand" by Baltasar Gracian, or "Intelligence and courtesy not always are combined. Often in a wooden house, a golden room we find." – by Henry Wadsworth Longfellow.

In order to include more quotes only shorter ones have been selected, but the book contains many longer gems. *The Understanding Heart* is found in category #10 (Inspirational).

Don't forget the Children's Library downstairs. If all of the "kids" are grown up, remember the grandchildren.

Late in June, Charlotte and I went to Morning Star and purchased books to complete a series. We received wonderful service and a few weeks later the library received the following card. Some of you may never have visited Morning Star but, as Charlotte said after her first trip to this location, "That's quite a store!" It's located on Route 20 (left from South Street at the light and a short distance down on the right). They have a large collection of religious materials in addition to books, CD's and cards.

First Congregational Church,

Thank you for your recent charge with us. Gloria Whitehead was such a blessing to work with as we found and ordered the correct books.

We love being your local Christian bookstore and hope that we can continue to work together in this life of ministering for our Creator!

we look forward to your next visit!

So encourage each other to build each other up, just as you are already doing.

1 THESSALONIANS 5:11 TLB

Thanks for making an eternal difference.

In christ,

aley @

Morning Star

in Auburn

Stewardship Message Catch Fire

Rekindle the gift of God that is within you... 2 Timothy 1:6

The second week of September in our church is “Rally Sunday.” It’s meant to be the day we get all revved up for the new program year of the church. The energy level in the congregation rises that day, as people who have been away for the summer return and greet friends and visitors. As September begins again in the church, everything seems possible!

The start of a new program year is a good time to take Paul’s advice and “rekindle” all the gifts of God within not just individual Christians, but the church as a whole. Stoke the fire, is what the word means, take the small flames and find ways to add a little tinder here or a little air there and bring warmth and light. To make a fire strong usually requires adding small things regularly, and sometimes large pieces of wood as other large pieces burn away.

What does your church need to really catch fire this September? What gifts, small or large, do you have to contribute to that fire? Are there people around you who have gifts to give that need your encouragement to step up to the fire? Sometimes, as the old church camp song says, it really does “only take a spark.” Is that spark you?

Rochelle A. Stackhouse is the Senior Minister of The Church of the Redeemer, United Church of Christ, New Haven, CT



This resource is a free service and is made possible by your gifts to Our Church's Wider Mission.

At our recent potluck supper to welcome Pastor Duke many of you were requesting Carol Luther’s casserole recipe so we decided to share it in this month’s *Tidings*.

SUMMER SQUASH CASSEROLE

- | | |
|--|---|
| 2 lb. yellow summer squash, sliced (6 C.) | 1 C. dairy sour cream |
| 1/4 C. chopped onion | 1 can condensed Cream of Chicken soup |
| 1 C. shredded carrot | 1/2 C. butter or margarine, melted |
| 1 - 8 oz. package herb-seasoned stuffing mix | 2 C. cooked chicken, bite-sized pieces (optional) |

In saucepan cook sliced squash and chopped onion in boiling, salted water for 5 minutes; drain.

Combine soup and sour cream. Stir in carrots. Fold in drained squash and onion.

Combine stuffing mix and butter. (It will be dry and crumbly.) Spread half of stuffing mixture in bottom of 12x7.5x2 inch buttered baking dish. Spoon vegetable mixture on top. Sprinkle remaining stuffing mixture over vegetables.

Bake in 350-degree oven for 25-30 minutes or until heated through.

Bon Appetit!

Carol Luther

“I Walked for You, I Walked for Me”

By Jackie Rutkovitch

I walked around a track today, I walked to help a disease go away.
 I walked because there is a need. I walked that bodies could be freed.
 I walked to give a small child hope, I walked to help someone cope.
 I walked for a husband or a wife. I walked to help prolong a life.
 I walked with my head held high. I walked for the one about to die.
 I walked excitedly, not demure. I walked to help find a cure.
 I walked for everyone to see. I walked for you, I walked for me.

2010 RELAY FOR LIFE

Celebrate Remember Fight Back

September 10-11 at Lemansky Park, Auburn

On September 10th and 11th at Lemansky Park over 35 teams of people will walk the track in the annual Central South County Relay for Life. Set up begins at 8 a.m. and will continue until the event begins. Highlights of this event include the survivor and caretaker walk and the luminaria ceremony. We invite you to join us. If you have some time available Friday, September 10th, come to Lemansky Park to see how you can lend a hand. Survivors and their caretakers are invited to attend our opening ceremony and walk the survivor lap and attend the dinner immediately following the lap. There will be many activities throughout the morning on Saturday. It is not too late to join a team — or even start one. For more information contact Garry Mahlert at 508-864-0086, Steve Gallant at 508-832-3664 or Al Narris at 508-832-3570. The Relay for Life is a fundraising event for the American Cancer Society and we are dedicated to helping the world celebrate more birthdays.

What is Relay For Life?

The American Cancer Society Relay For Life is a life-changing event that gives everyone in communities across the globe a chance to celebrate the lives of people who have battled cancer, remember loved ones lost, and fight back against the disease. At Relay, teams of people camp out at a local high school, park, or fairground and take turns walking or running around a track or path. Each team is asked to have a representative on the track at all times during the event. Because cancer never sleeps, Relays are over-night events up to 24 hours in length.

Relay began in 1985 when Dr. Gordy Klatt, a colorectal surgeon in Tacoma, Washington, ran and walked around a track for 24 hours to raise money for the American Cancer Society. Since then, Relay has grown from a single man's passion to fight cancer into the world's largest movement to end the disease. Each year, more than 3.5 million people in 5,000 communities in the United States, along with additional communities in 19 other countries, gather to take part in this global phenomenon and raise much-needed funds and awareness to save lives from cancer. Thanks to Relay participants, we are creating a world with more birthdays, a world where cancer can't claim another year of anyone's life. We invite all cancer survivors in the community to attend Relay For Life because they are the reason we Relay.

Prayer Tent

Last year Auburn churches organized a “Prayer Tent” during the walk where those battling cancer, or struggling with the loss of a loved one could go to be prayed over. They would like to offer this ministry again this year. The walk is from 6 p.m. Friday until noon Saturday and the area churches are trying to have every hour covered. We are looking for volunteers from our church to represent FCC at this event. We need someone to be the go-to person and additional volunteers to commit to being there to listen, be supportive and pray. We can commit to time slots as a Church or as individual members of FCC. Please call Denise (508) 832-2845 if you're interested in being a part of this very important role.

LEDGER

1773-1786

A few years ago I read and copied a ledger that was stored in the town hall basement. It is a complete record of the step-by-step decisions made by our men in building our meetinghouse and forming our town.

The following is one of a series of excerpts from these writings.

George DuHamel and Paula Lubin, Church Historians

Ward May 19, 1779

The sum total which ye pews aforesaid were sold for £543

Cost of building £120

Constable £3.12

Total £419.8.0

And ye Committee charge themselves with said sum of £419.8.0 to be advanced by us for the use of the Town as the Town by vote hath directed when called for —

Also that fore named purchasers of those pews by duly vertued in right to them and assigns of their pews respectively in Manner and form as those herefore presented to the Town were invested in they severally paying in manner as the conditions of sale directed and in case of failure of such payment in any one such to revert to the Town and the Committee be discounted to the amount thereof from the sum total.

Charles Richardson

Per Order of Committee the foregoing report past into a vote.

Charles Richardson

Attest. Charles Richardson, Moderator

On ye 3d article on the question respecting forming a Constitution of Gov't. 32 appeared for it and None against it.

The second question propounded by the Court by vote referred to the Committee of 5.

By vote chose: Mr. Phips
Major Boyden
Cap't. Eddy
Jon'a Stone
Esq. Bancroft

To report on ye adjournment.

Voted the same person be recommended to be a Justice and the vote appeared for Mr. Phips.

Voted that David French credit for service in ye War Balance his War Rate.

Voted that Paul and Edward Cudworth credit for Service and expence in the War be Rec. so far as to balance their War Rate in the hands of James Hart, Collector.

Voted pass the 6th Article over.

On the seventh article voted the Town will be a the Expence of 5 guns at 21 dollars each delivered in this Town. Mr. patch present in the meeting who procured and transported them agreeing thereto and that they lay in a Town Stock for ye present. By vote adjourned this meeting to Tuesday next 4 o'clock p.m. to this place.

Attest. Charles Richardson, Moderator

Charles Richardson

SAVE THE DATE!

Tuesday, September 28, 2010 at 6:30 p.m.

The **Here We Grow** Board of Directors is excited to once again offer *Here We Grow* families and First Congregational Church members a **FREE** seminar presented by Jeanine Fitzgerald, national speaker, trainer and consultant.

BEYOND BOSSING, BEGGING AND BRIBING

Have you ever heard someone say, “What part of no don’t you understand?” or “Because I said so, that’s why!” Or maybe you have thought there has to be a better way to get children to listen. This session explores four choices about how to raise, teach and discipline children. When you leave, your “toolbox” will be full of effective strategies.

Here are some quotes from parents who attended Jeanine’s workshop this past Spring at **Here We Grow**:

“Jeanine Fitzgerald’s presentation was as informative as it was entertaining. It was a refreshing, humorous take on recognizing different styles children have, and how to help them be successful. I took home so many practical ideas I look forward to applying.”

“I am not usually one to attend seminars, but I’m glad I went! It was enlightening and empowering as a parent to learn some “fresh” and creative ideas. Jeanine is a wonderful speaker who touched each and every one of us with her stories. Definitely a seminar you do not want to miss!”

“Jeanine’s talk made me go home and really look at how my husband and I are parenting our children. Each of our children has unique needs and we need to be aware of how we are responding and interacting with them to get better behavior. Wonderfully thought provoking and absolutely hilarious presentation!”

WE ENCOURAGE YOU TO INVITE ANY FRIENDS OR FAMILY THAT DO NOT ATTEND *HERE WE GROW* PRESCHOOL TO JOIN US AS WELL!!!

Our church is planning to provide lunch for Worcester Fellowship on Sunday, October 24th. We are looking for donations of white socks, white t-shirts and white underwear and monetary donations to purchase lunch supplies. We also will need volunteers to help distribute the lunches. You may recall, Worcester Fellowship is a ministry to the homeless in Worcester. They provide worship service on Sundays at 1 p.m. on Worcester Common followed by a time of fellowship and distribution of lunches. Please call Jen Bohn at 508-832-0428 for more info.

“Worcester Fellowship is dedicated to ending isolation through spiritual care and community.”



From the Choir Room

It's back to choir time! The adult choir will begin rehearsals on Thursday, September 9th at 6:00 p.m. in the choir room. New members are always welcome!! Reading music is not necessary. The choir will begin singing in Church on September 12th, the 2nd Sunday of September.

Joyful Noyse will have their first rehearsal on Sunday, September 12th at 11:15 a.m. New members are always welcome!! We'll be doing "Galactic Blast" the coming 2 months with a CD soundtrack.

Welcome back choirs!

Blessings,

Heather Moore, Minister of Music

In an ongoing effort to reduce costs, we are asking members to consider subscribing to the electronic mailing of the *Tidings*.

Currently we mail almost 300 newsletters a month. We only need 200 to take advantage of the bulk mailing rate. Please call Denise at 508-832-2845 or contact her with your email information at secretary@auburnfirstucc.org. Thanks!



September is Childhood Cancer Month, Leukemia and Lymphoma Awareness Month, Fruits and Veggies - More Matter Month, National Alcohol and Drug Addiction Recovery Month, National Atrial Fibrillation (A-Fib) Awareness Month, National Cholesterol Education Month, Ovarian Cancer Awareness Month, Prostate Cancer Awareness Month, Reye's Syndrome Awareness Month, Sports and Home Eye Safety Month, and Whole Grains Month.

The 13th is National Celiac Disease Awareness Day, the 15th is National School Backpack Awareness Day, the 21st is World Alzheimer's Day, the 25th is Family Health and Fitness Day U.S.A. September 26th is National Mesothelioma Awareness Day and the 30th is World Heart Day.

Make sure the backpacks aren't too heavy and make sure they sit properly on the back. If they are too low, back injuries can result. Take care now!

I'm still waiting for the Auburn Fire Department to train some of us on the use of the defibrillator that we have locked up in our church. Hopefully, it will be soon!

I pray for all of you to have a healthy September.

Debbie Pranaitis
Parish Nurse

Outreach Committee



While those we support are under the care and hope of your gracious gifts; we, in return, have received the gift of appreciation. The message may come to us as a fact sheet but is acknowledged as Love for one another. In Fellowship Hall a thankful certificate from the Church World Service Blankets+ Program is posted, as well as, an impressive explanation of the shipping reports. Also posted is information from the Central Mass Housing Alliance Inc., displaying how 360 persons were assisted with household funds supported by Hope for Housing.

As the Fall Season approaches, would you be interested in walking and/or supporting this year's 'CROP WALK – 2010' to be held on Sunday, October 24th at 1:00 PM? Like many community services, Auburn Youth & Family Services (AYFS) is greatly in need of support. The clergy association met recently and agreed to hold a **'Walk for Hunger' instead of a 'CROP' walk this year.** All proceeds will go directly to AYFS's food pantry. At this time the pantry services 70 families per week and is expecting the need to increase by another 35% next year. So mark your calendars if you wish to join us and if you have questions, please contact Sue Campbell or an Outreach Member.

In March 2010, during one of our Potluck Suppers, our missionary guest was Mark Behle. The following link will connect you to the newsletter Mark sent to us recently from Lesotho, South Africa: <http://globalministries.org/africa/missionaries/home-assignment-time-in-the.html>

In Love, Hope, Peace & Understanding,
Sue MacPhee, Outreach Committee Secretary

TIDINGS is a monthly publication of

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Phone: (508) 832-2845

Office Hours: Mon.-Fri. 9 a.m. to 5 p.m.

Pastor's Office Day: Thursday

*God's church in Auburn Center
doing Christ's work in the world.*

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